

PE Long Term Plan 2020-2021

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3 (Curriculum)	Fundamental skills (Movement/Fitness/ Multi-Skills)	Invasion Games (Three Touch Ball)  Dance (Round the clock)	Invasion Games (Skittles)  Gymnastics (Balancing Act)	Dance (Machines)  OAA (Range of OAA core tasks for Y3)	Net & Wall Games (Target Baggers)	Striking & Fielding Games (Run the loop)  Athletics (Off, Up & Away)
Year 4 (Curriculum)	Dance (Indian Dance)  OAA (Communication/ Safely Across)	Gymnastics (Partner Work)  Swimming	Net & Wall Games (Mini Tennis 2)  Swimming	Invasion Games (End Zone)  Swimming	Striking & Fielding Games (Zone Cricket)  Swimming	Athletics (Faster, Higher, Further)  Swimming
Year 5 (Curriculum)	Invasion Games (Fives & Threes)  Swimming (catch up)/Fitness	Fundamental skills (Movement/Fitness/ Leadership)  Gymnastics (Acrobatic Gym)	Dance (What's so funny?)	Net & Wall Games (What a Racket!)  Dance (Masquerade)	Invasion Games (Calling the shots)  OAA (Crystal Star Challenge)	Striking & Fielding Games (Runners)  Athletics (Three Jump Challenge)
Year 6 (Curriculum)	Dance (Making the grade)  Swimming (catch up)/Fitness	Fundamental skills (Movement/Fitness/ Leadership)	Gymnastics (Group dynamics)	Invasion Games (Tag Rugby)	Striking & Fielding Games (Pairs Cricket)  OAA (Beat the Clock/ Electric Fence)	Striking & Fielding Games (Zone Rounders)  Athletics (Distance Challenge)

